### **TOTUS TUUS** (Latin for "Totally Yours") is a Catholic youth mission

dedicated to sharing the Gospel and promoting the Catholic faith through catechesis, evangelization, Christian witness, and Eucharistic worship. The goal of Totus Tuus is to help young people grow in the understanding of and strengthen their faith in Jesus Christ. "I am the way, the truth and the life. No one can come to the Father except through me" (John 4:16).

### **The Grade School Program**

is designed for Catholic children going into 1st through 6th grades and strives to help youth seek and understand their faith that is based upon the Word of God.

### The Middle/High School Program

is for Catholic youth going into 7th through 12th grades, and seeks to answer questions teens have related to their faith through large and small group discussions, teach them to pray through various methods, and share in Christian fellowship through games, skits, and simply sharing life together.

### The Missionaries

for the Totus Tuus program are college age students, two men and two women.

- There are five essential elements to the Totus Tuus program:
- 1. Proclamation of the Gospel to awaken faith.
- 2. Apologetics examination of the reasons for our beliefs.
- 3. Christian Witness an experience of Christian living.
- 4. Celebration of the Sacraments-especially Holy Eucharist and Confession.
- 5. Active Witness of the Missionary Nature of the Catholic Church





# TOTUS TUUS 2022



Diocese of Winona-Rochester

### 2022 Program

#### Theme: Prayer and the Our Father The Luminous Mysteries

#### Grades 1-6

#### Monday

Session #1: The Baptism of Jesus Session #2: What is Prayer? Session #3: Praying with Scripture Session #4: Praying with Mary

#### Tuesday

Session #1: The Wedding Feast at Cana Session #2: Adoration Session #3: "Our Father, who art in Heaven..." Session #4: "Thy Name, thy Kingdom, thy Will..."

#### Wednesday

Session #1: The Proclamation of Heaven Session #2: Contrition and Thanksgiving Session #3: Give us... Session #4: Forgive us...

#### Thursday

Session #1: The Transfiguration Session #2: Supplication Session #3: Lead us not...Deliver us... Session #4: Praying with the Saints

#### Friday

Session #1: The Institution of the Eucharist Session #2: The Battle of Prayer, Vocations, and Stewardship

### Grades 7-12

Monday The Our Father/Intro to Night Prayer

**Tuesday** What is Prayer/The Battle of Prayer

Wednesday Heroes of Prayer: Saints and Holy Men/Women

Thursday Evening Social





## **TOTUS TUUS 2022** Registration

State	Zip
Cell	
Parish	
approval to use my photos on	the web or in the bulletin.
se of emergency contact:	
•	•
	relationship to child
Date of Birth	Going into Grade
Date of Birth ondition (s)	Going into Grade
Date of Birth	Going into Grade
o be paid to parish, cash or ch throughout the week by provito to providea meal available to help serve bever at Snack Break (9:45 am) Primetime Break (8:00 pm) ance: Please check one (must 9:00am-2:30pm 2:30-5	eck. Scholarships available. ding meals and/or lodging: lodging ages during breaks: Lunch (Noon) be high school or older) :30pm
	State Cell Parish approval to use my photos on <b>se of emergency contact:</b> phone number

\_\_\_\_\_Yes (List item): \_\_\_\_\_\_